



Currently, we are adhering to all Covid-19 CDC guidelines as well as the NJALCA guidelines that were recently updated. We are able to open new cases virtually and provide as many phone services as we possibly can during this restricted time.

Medicare is relaxing its rules so we can provide psychotherapy for new clients over the phone or video chat, which will help any senior who feels completely isolated by what's going on right now. If you know of any isolated seniors or adults who are under the 14-day quarantine and are dealing with depression and other complicated issues and need to talk to someone, we have psychotherapists who can reach out to them and set up phone calls.

Here is a little note on our care management services. We are still able to go into the home, should the families allow that and are comfortable with it. We adhere to strict guidelines while in their home, which I can send you if you are interested.

Available 24/7, Generations Counseling & Care Management is EXTREMELY flexible and all of our services are billed hourly for the ease of the family. We provide all types of care management services such as:

- Comprehensive assessments to determine care needs
- Development and implementation of the agreed-upon care plan, monitoring of medical, social and homecare services,
- Communication and coordination with other healthcare professionals and service providers as well as family members,
- Consultation and placement assistance for alternate housing such as senior communities, assisted living facilities and skilled nursing facilities, assistance with insurance and senior benefits and much more.
- Assistance with medical and other appointments, communication with physicians, referrals for home care, nursing & companion services
- 24/7 crisis response availability

If you have any questions, don't hesitate to reach out!

Laura

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